

**Will be updated to reflect any Government of Alberta and Alberta Health Services changes to questions and requirements.*

Today's Date: _____ Activity Start Time: _____

Participant First and Last Name: _____

Activity/Group Name: _____

If an individual answers **YES** to any of the questions, they are **not allowed** to attend or participate in any activity or program.

1.	Have you traveled outside of Canada in the last 14 days?	YES	NO
<p>If you answered "YES":</p> <ul style="list-style-type: none"> • You are required to quarantine for 14 days from the last day of exposure. • If you develop any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. <p>If you answered "NO", proceed to question 2.</p>			
2.	<p>Have you had close contact with a case¹ of COVID-19 in the last 14 days? Face-to-face contact within 2 meters for 15 minutes or longer, or direct physical contact such as hugging.</p> <p>NOTE: A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact</p>	YES	NO
<p>If you answered "YES":</p> <ul style="list-style-type: none"> • You are required to quarantine for 14 days from the last day of exposure, except: <ul style="list-style-type: none"> ○ Previously tested positive for COVID-19 in last 90 days before exposure: <ul style="list-style-type: none"> ▪ No quarantine required. Monitor for symptoms for 14 days. ○ Fully immunized² against COVID-19: <ul style="list-style-type: none"> ▪ No quarantine required. Monitor for symptoms for 14 days. ○ Partially immunized³ against COVID-19: <ul style="list-style-type: none"> ▪ Quarantine for 10 days. If tested on day 7 or later after exposure, quarantine ends after receiving a negative test result. <p>If you answered "NO", proceed to questions 3.</p>			

¹ A lab-confirmed case OR a probable case as defined in the Alberta COVID-19 Notifiable Disease Guideline

² Fully-immunized = 14 days after receiving the second dose of a two doses vaccine series OR 14 days after receiving one dose of a one-dose vaccine series.

³ Partially-immunized = 14 days after receiving the first doses of a two-dose vaccine series

NOTE: Individuals who are profoundly immunocompromised and fully immunized should follow quarantine protocol for partially immunized individuals; those who are partially immunized should follow the protocol for those who have not been immunized. Profoundly immunocompromised person should always consult with their primary care provider if exposed.

Do you have any new onset (or worsening) of the following symptoms:			
3.	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath	YES	NO
	• Runny Nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal Congestion	YES	NO
	• Feeling unwell/Fatigued	YES	NO
	• Nausea/ Vomiting/ Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / Joint aches	YES	NO
	• Headache	YES	NO
• Conjunctivitis (commonly known as pink eye)	YES	NO	
<p>If you answered “YES” to any symptom in question 3:</p> <ul style="list-style-type: none"> • Stay home and do not attend or participate in the activity or program. • Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. • Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days as per CHMOH Order 05-2020 OR receive a negative COVID-19 test and feel better before returning to activities, as long as they have no known exposure. <p>If you answered “NO” to all questions:</p> <ul style="list-style-type: none"> • You may attend the activity or program 			

Staff Name: _____ Staff Signature: _____